

PSALMS



DISCUSSION QUESTION 1

What is repentance?

PSALMS



ACTS 10:43

[43] To him all the prophets bear witness that everyone who believes in him receives forgiveness of sins through his name.”

ROMANS 3:23-25

[23] for all have sinned and fall short of the glory of God, [24] and are justified by his grace as a gift, through the redemption that is in Christ Jesus, [25] whom God put forward as a propitiation by his blood, to be received by faith

EPHESIANS 2:8

[8] For by grace you have been saved through faith.”

JOHN 3:16

[16] “For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life.

LUKE 24:46-47

[46]...“Thus it is written, that the Christ should suffer and on the third day rise from the dead, [47] and that repentance *for* the forgiveness of sins should be proclaimed in his name...

ACTS 3:19

[19] Repent therefore, and turn back, *that* your sins may be blotted out

ACTS 3:19

[30] The times of ignorance God overlooked, but now he commands all people everywhere to repent, [31] because he has fixed a day on which he will judge the world in righteousness by a man whom he has appointed...

2 PETER 3:9

[9] The Lord is not slow to fulfill his promise as some count slowness, but is patient toward you, not wishing that any should perish, but that all should reach repentance.

LUKE 13:3,5

[3]... but unless you repent, you will all likewise perish...

[5] No, I tell you; but unless you repent, you will all likewise perish.

EZEKIEL 33:11

[11] Say to them, As I live, declares the Lord GOD, I have no pleasure in the death of the wicked, but that the wicked turn from his way and live; turn back, turn back from your evil ways, for why will you die, O house of Israel?

PROVERBS 28:13

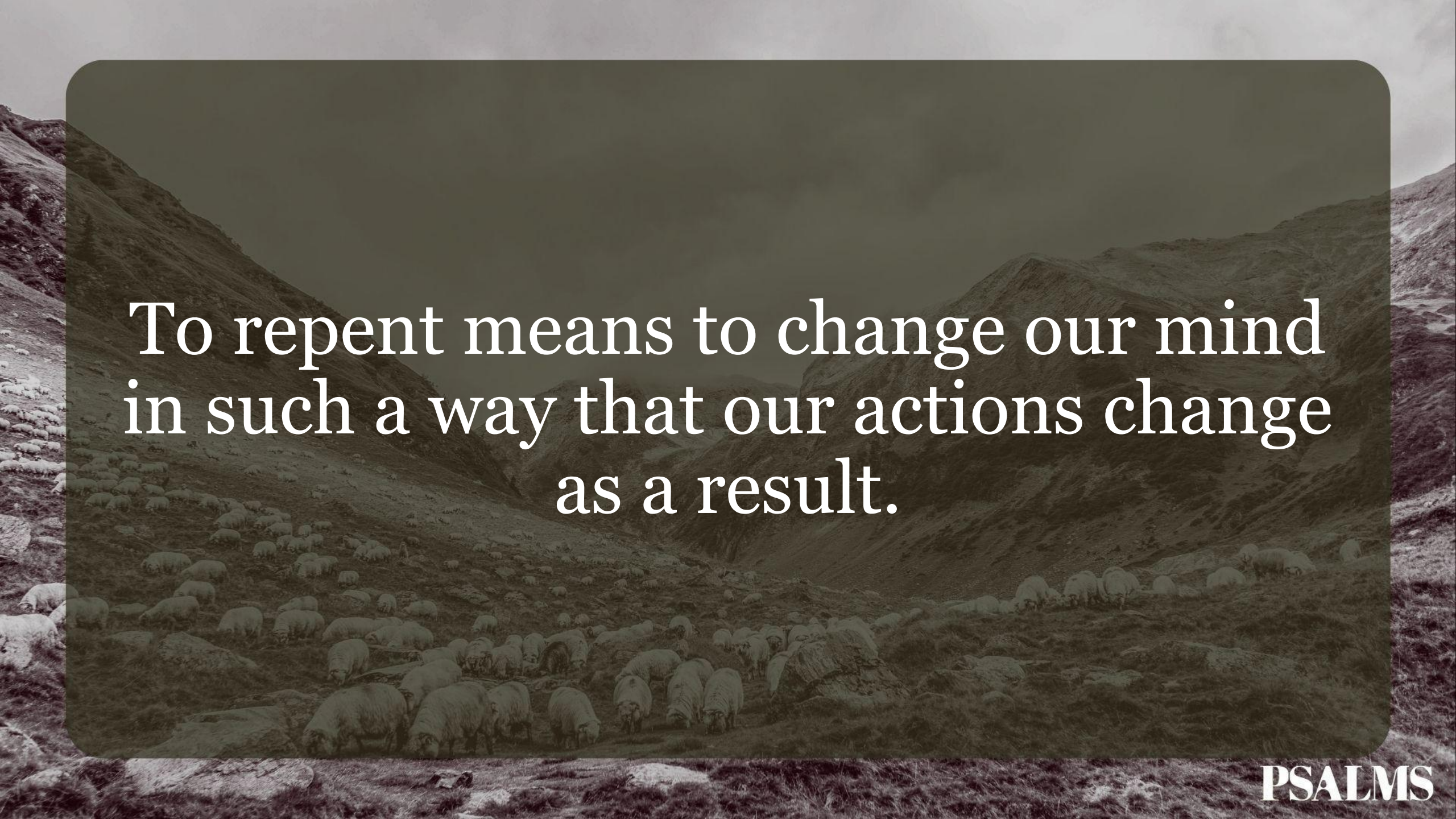
[13] Whoever conceals his transgressions will not prosper, but he who confesses and forsakes them will obtain mercy.

ACTS 2:38

[38]... “Repent *and* be baptized...”

REVELATION 2:5

[5] Remember therefore from where you have fallen; repent, and do the works you did at first...

A dark, atmospheric landscape with a herd of sheep in the foreground and mountains in the background. The scene is dimly lit, with a heavy, overcast sky. The sheep are scattered across a grassy slope, some standing and some grazing. The mountains in the distance are rugged and appear to be covered in sparse vegetation. The overall mood is somber and reflective.

To repent means to change our mind
in such a way that our actions change
as a result.

MARK 1:14-15

[14] Now after John was arrested, Jesus came into Galilee, proclaiming the gospel of God, [15] and saying, “The time is fulfilled, and the kingdom of God is at hand; repent and believe in the gospel.”

PSALM 32:1-4

[1] Blessed is the one whose transgression is forgiven,
whose sin is covered.

[2] Blessed is the man against whom the LORD counts no
iniquity,
and in whose spirit there is no deceit.

[3] For when I kept silent, my bones wasted away
through my groaning all day long.

[4] For day and night your hand was heavy upon me;
my strength was dried up as by the heat of summer. Selah

PSALM 32:5-7

[5] I acknowledged my sin to you,
and I did not cover my iniquity;
I said, “I will confess my transgressions to the LORD,”
and you forgave the iniquity of my sin. Selah

[6] Therefore let everyone who is godly
offer prayer to you at a time when you may be found;
surely in the rush of great waters,
they shall not reach him.

[7] You are a hiding place for me;
you preserve me from trouble;
you surround me with shouts of deliverance. Selah

PSALM 32:5

[5] I acknowledged my sin to you,
and I did not cover my iniquity;
I said, “I will confess my transgressions to the LORD,”
and you forgave the iniquity of my sin. Selah

PSALM 32:6-7

[6] Therefore let everyone who is godly
offer prayer to you at a time when you may be found;
surely in the rush of great waters,
they shall not reach him.

[7] You are a hiding place for me;
you preserve me from trouble;
you surround me with shouts of deliverance. Selah

PSALM 32:8-9

[8] I will instruct you and teach you in the way you should go;

I will counsel you with my eye upon you.

[9] Be not like a horse or a mule, without understanding, which must be curbed with bit and bridle, or it will not stay near you.

PSALM 32:10-11

[10] Many are the sorrows of the wicked,
but steadfast love surrounds the one who trusts in the
LORD.

[11] Be glad in the LORD, and rejoice, O righteous,
and shout for joy, all you upright in heart! (ESV)

OUTLINE

1. Repentance rewards us (vv. 1-4)
2. Repentance reconciles us (vv. 5-7)
3. Repentance restores us (vv. 8-11)

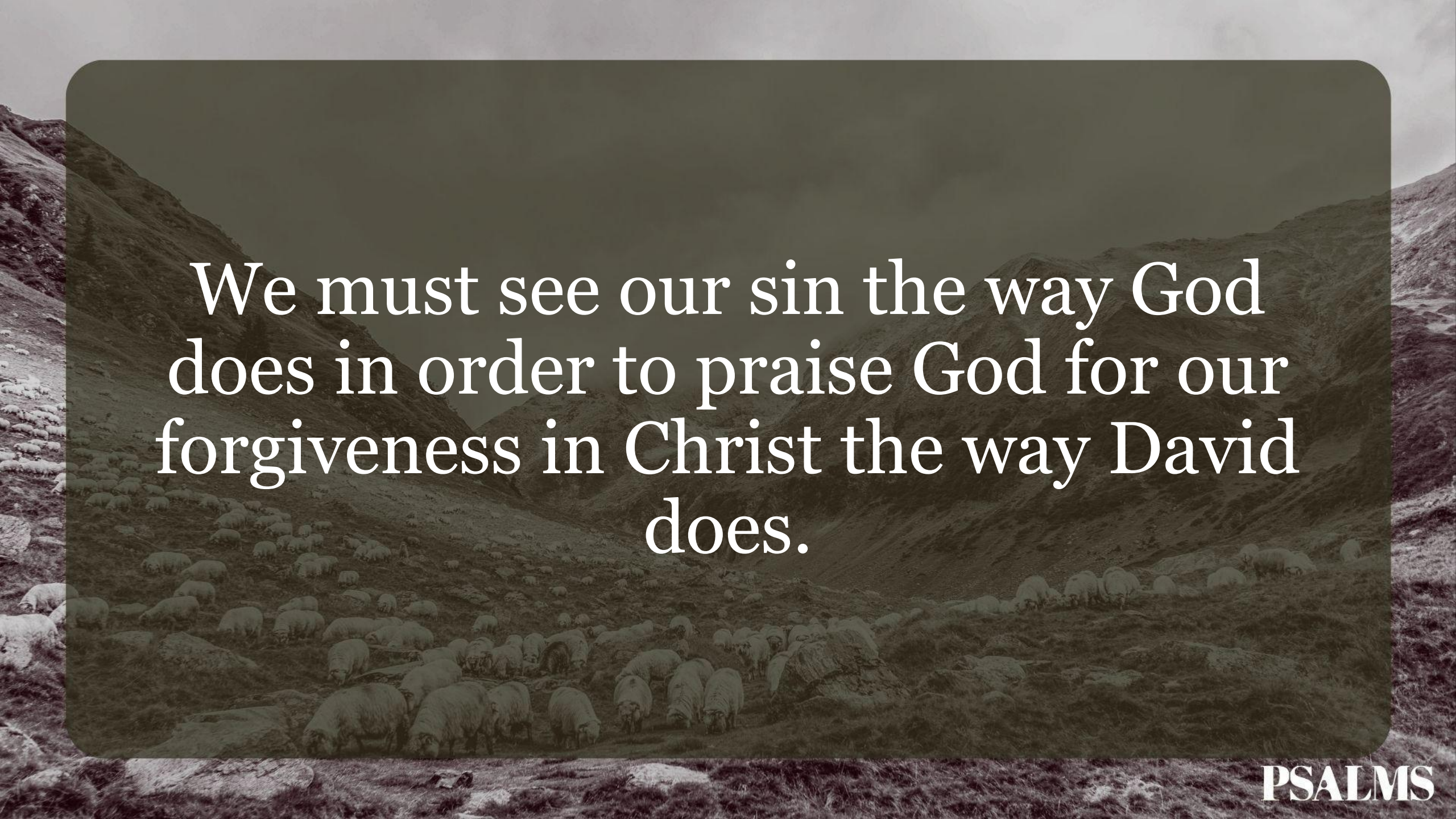
A sepia-toned photograph of a mountain valley. In the foreground, a large flock of sheep is grazing on a grassy slope. The middle ground shows a valley floor with more sheep and some rocky patches. In the background, there are several mountain peaks under a cloudy sky. The entire image has a dark, semi-transparent overlay that frames the text.

1. Repentance rewards us (vv. 1-4)

PSALM 32:1-2

[1] Blessed is the one whose transgression is forgiven,
whose sin is covered.

[2] Blessed is the man against whom the LORD counts no
iniquity,
and in whose spirit there is no deceit.



We must see our sin the way God does in order to praise God for our forgiveness in Christ the way David does.

PSALM 32:1-2

[1] **Blessed** is the one whose **transgression is forgiven**,
whose **sin is covered**.

[2] Blessed is the man against whom the LORD counts no **iniquity**,
and in whose spirit there is no deceit.

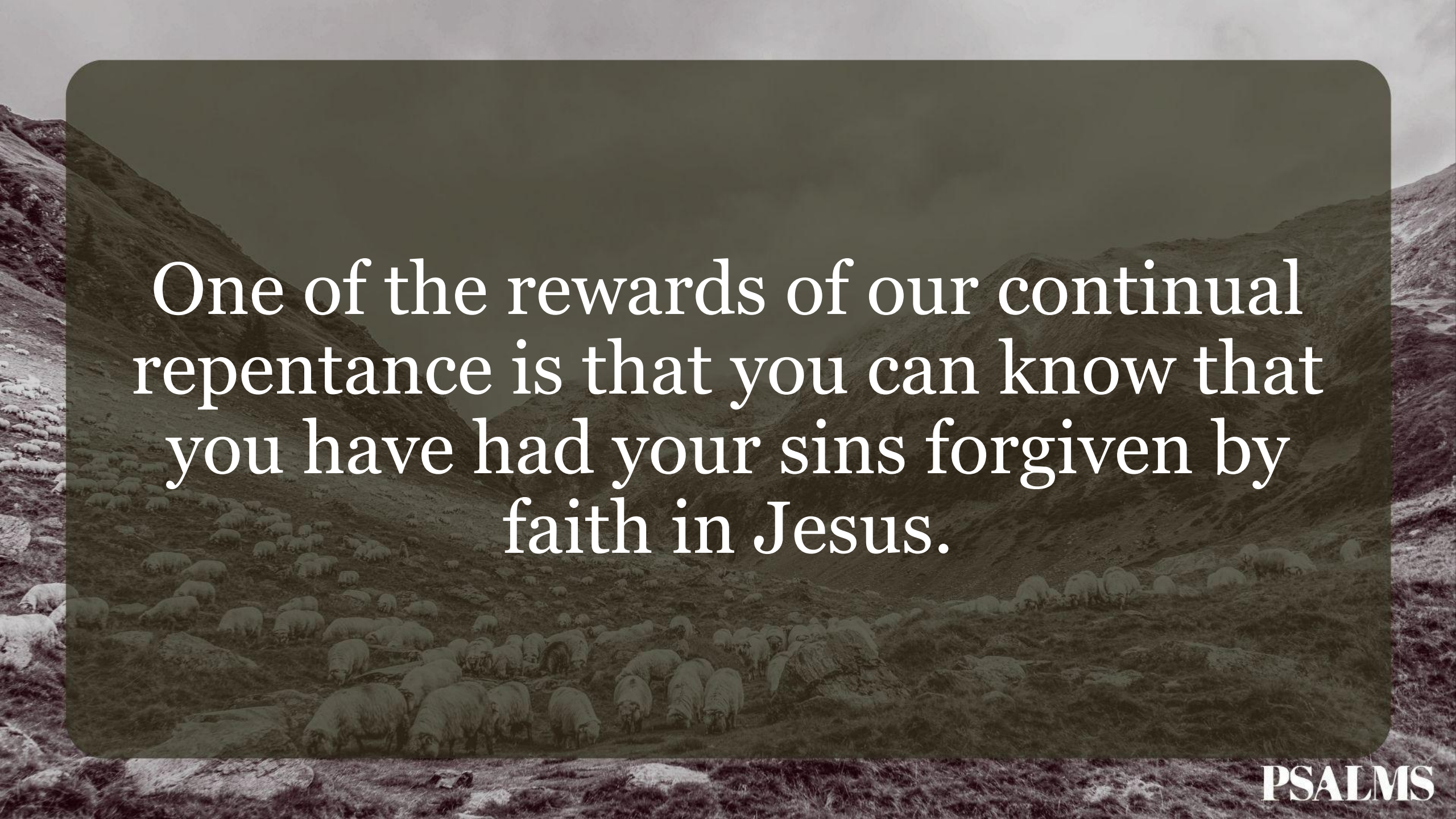
PSALM 32:1-2

[1] Blessed is the one whose transgression is forgiven,
whose sin is covered.

[2] Blessed is the man against whom the LORD counts no iniquity,
and in whose spirit there is no deceit.

Romans 8:16

[16] The Spirit himself bears witness with our spirit that we are children of God,

A dark, atmospheric landscape with a herd of sheep in the foreground and mountains in the background. The scene is dimly lit, with a heavy, overcast sky. The sheep are scattered across a grassy slope, and the mountains in the distance are shrouded in mist or shadow. The overall mood is somber and contemplative.

One of the rewards of our continual repentance is that you can know that you have had your sins forgiven by faith in Jesus.

PSALM 32:3-4

[3] For when I kept silent, my bones wasted away through my groaning all day long.

[4] For day and night your hand was heavy upon me; my strength was dried up as by the heat of summer.

Selah

PSALM 32:3-4

[3] For when I kept silent, my bones wasted away through my groaning all day long.

[4] For day and night your hand was heavy upon me; my strength was dried up as by the heat of summer.

Selah



2. Repentance reconciles us (vv. 5-7)

PSALM 32:5

[5] I acknowledged my sin to you,
and I did not cover my iniquity;

I said, “I will confess my transgressions to the LORD,”
and you forgave the iniquity of my sin. Selah

1 THESSALONIANS 1:9

[9] ... turned to God from idols to serve the living and true God

PSALM 32:6-7

[6] Therefore let everyone who is godly
offer prayer to you at a time when you may be
found;

surely in the rush of great waters,
they shall not reach him.

[7] You are a hiding place for me;
you preserve me from trouble;
you surround me with shouts of deliverance. Selah

2 CORINTHIANS 6:2

[2] ... Behold, now is the favorable time; behold, now is the day of salvation.

PSALM 32:6-7

[6] Therefore let everyone who is godly
offer prayer to you at a time when you may be found;
surely in the rush of great waters,
they shall not reach him.

[7] You are a hiding place for me;
you preserve me from trouble;
you surround me with shouts of deliverance. Selah

A dark, atmospheric landscape featuring a herd of sheep grazing in a valley. The scene is overlaid with a semi-transparent dark rectangle that contains the text. The background shows rugged, rocky hills under a cloudy sky, with the sheep scattered across the valley floor.

Repentance reconciles us in our
relationship with God.

PSALM 32:8-9

[8] I will instruct you and teach you in the way you should go;

I will counsel you with my eye upon you.

[9] Be not like a horse or a mule, without understanding, which must be curbed with bit and bridle, or it will not stay near you.

PSALM 32:8-9

[8] I will instruct you and teach you in the way you should go;

I will counsel you with my eye upon you.

[9] Be not like a horse or a mule, without understanding, which must be curbed with bit and bridle, or it will not stay near you.

PSALM 32:10-11

[10] Many are the sorrows of the **wicked**,
but steadfast love surrounds the one who trusts in the
LORD.

[11] Be glad in the LORD, and rejoice, O righteous,
and shout for joy, all you upright in heart! (ESV)

PSALM 32:10-11

[10] Many are the sorrows of the wicked,
but steadfast love surrounds the one who trusts in the
LORD.

[11] Be glad in the LORD, and rejoice, O righteous,
and shout for joy, all you upright in heart! (ESV)

PSALM 51:12

[12] Restore to me the *joy* of your salvation...



Repentance leads to full restoration
of our once-troubled souls.

DISCUSSION QUESTIONS

- Re-assess your definition of repentance from earlier - what is repentance?
- Share a story of a time you repented of something. Did you experience any of the blessings of repentance mentioned by David in this Psalm?
- What is the most compelling blessing of repentance to you? Why?

LUKE 13:6-9

[6] And he told this parable: “A man had a fig tree planted in his vineyard, and he came seeking fruit on it and found none. [7] And he said to the vinedresser, ‘Look, for three years now I have come seeking fruit on this fig tree, and I find none. Cut it down. Why should it use up the ground?’ [8] And he answered him, ‘Sir, let it alone this year also, until I dig around it and put on manure. [9] Then if it should bear fruit next year, well and good; but if not, you can cut it down.’”

OUTLINE

1. Repentance rewards us with spiritual blessing (vv. 1-4)
2. Repentance reconciles us to God (vv. 5-7)
3. Repentance restores our souls (vv. 8-11)

PSALMS

